

HELICHRYSUM ESSENTIAL OIL

/Helichrisum italicum/

Appearance	Colour	Odor
transporent fluid	light yellow to orange	specific, sweet, honey-like

Relative density, g/cm³	from 0,880 to 0,900
Refractive index (20 °C)	from 1,4780 to 1,4900

Contents of characteristic ingredients (by GC), %

Neryl acetate	more than 7
α-pinene	more than 5
α-cedrene	more than 5
Geranyl acetate	more than 3
2-methylcyclohexyl pentanoate	more than 3

Therapeutic Properties

Helichrysum is the oil of choice for healing scar tissue, whether from a recent wound, operation, or tissue that has been scarred for years. It stops bleeding, helps a scab to form and tissue to repair itself. It can be added to a carrier oil and applied to stretch marks, acne scars, surgical scars, and wounds of all kinds. Helichrysum is also very effective for joint pain associated with Rheumatoid arthritis. It is anti-inflammatory with pain reducing and analgesic effects. This oil helps one detox from alcohol, drugs, and nicotine, releasing the body and mind from addictive patterns. Helichrysum has a powerful anti-inflammatory action that can alleviate gum inflammation.